

Diagnostic Category: Attention Deficit Hyperactivity Disorder Discipline: Multidisciplinary team

Reference	N	Intervention (n) vs. Comparison (n) Frequency & duration	Telerehabilitation program's: I. Focus II. Nature III. Target IV. Receiving client	Platform & clinician's involvement	Outcomes Child-related outcomes Parent-related outcomes (+) significant between-group differences for RCTs or within group improvements for non-RCTs (-) no significant between-group differences for RCTs or within group improvements for non-RCTs
Wentz et al., 2012 Soderqvist et al., 2017 Sweden Pre-post study	N= 12 Individuals had to fulfill a diagnosis of ADHD and/or an ASD, Asperger's disorder or pervasive developmental disorder not otherwise specified (PDD NOS), according to the DSM-IV Mean age: 20.1 yrs Age range: 15-26 yrs 6M:4F	Internet-Based Support and Coaching (IBSC) (n=12) 30 mins-1 h/ session 2 sessions/week for 8 weeks	I. Mental health of persons with ADHD (self-esteem, quality of life, anxiety, depression). Caregiver sense of burden. II. A user-centred design was applied to develop a model for internet-based support and coaching, where individuals received 8-week support via internet (chat). III. Youth + Parent	Chat only SalutChat; programme intended to be used for chat and instant messaging (e-mail) purposes via the internet.	At 8 weeks (post-treatment): (-) <i>Quality of Life: Manchester Short Assessment of Quality of Life (MANSA)</i> (-) <i>Mood and affect: Hospital Anxiety and Depression Scale (HAD)</i> (-) <i>Mood and affect: Montgomery Åsberg Depression Rating Scale (MADRS)</i> (-) <i>Meaningfulness, comprehensibility, and manageability: Sense of Coherence questionnaire (SOC)</i> (-) <i>Self-esteem: Rosenberg self-esteem scale</i> (-) <i>Help with ADL: Questionnaire.</i> (-) <i>Relationship with youth: Questionnaire</i> (-) <i>Worry: Questionnaire</i>

			IV. Youth + Parent		At 6 months (follow-up): (+) <i>Quality of Life</i> : MANSAs (+) <i>Meaningfulness, comprehensibility, and manageability</i> : SOC (+) <i>Self-esteem</i> : Rosenberg self-esteem scale (-) <i>Mood and affect</i> : HAD (-) <i>Mood and affect</i> : MADRS (-) <i>Help with ADL</i> : Questionnaire. (-) <i>Relationship with youth</i> : Questionnaire (-) <i>Worry</i> : Questionnaire
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